Information offices

Suðuroy
Suðuroyar Kunningarstova á Tvøroyri
FO-800 Tvøroyri
Tel. 37 24 80 · Fax 37 18 14
sout-inf@post.olivant.fo

Suðuroyar Kunningarstova i Vági
FO-900 Vágar
Tel. 37 43 42 · Fax 37 35 39
infovag@post.olivant.fo

Sandoy, Skúvoy
and Stóra Dímun
Sandoyar Kunningarstova
FO-210 Sandur
Tel. 36 18 36/22 20 78 · Fax 36 12 56
sandinfo@post.olivant.fo
www.visitsandoy.fo

Nólsoy, Hestur,
Koltur and Streymoy
Kunningarstovan
Niels Finsensgøta 13
FO-100 Tórshavn
Tel. 31 57 88 · Fax 31 68 31
torsinfo@post.olivant.fo
www.visitorshavn.fo

Eysturoy
Kunningarstovan i Saltangará
Heiðavegur
FO-600 Saltangará
Tel. 44 94 49 · Fax 44 91 80
infoe-r@post.olivant.fo
www.framtak.com/eysturoy

Kunningarstovan i Fuglafirði
FO-530 Fuglafjørður
Tel. 44 48 60 · Fax 44 51 80
infoe-f@post.olivant.fo
www.framtak.com/eysturoy

Vágar and Mykines
Vága Kunningarstova
FO-370 Miðvágur
Tel. 33 34 55 · Fax 33 34 75
vagar@post.olivant.fo

Norðoyggjar
Norðoya Kunningarstova
Nólsoyar Páls Gøta
FO-700 Klaksvík
Tel. 45 69 39 · Fax 45 65 86
info@klaksvik.fo
Cycling in the Faroe Islands

From Skálafjørður you cycle along the western shore of the fjord. The road is even and easy and not very trafficked. This is a peaceful and relaxing ride along the longest fjord in the Faroes and you can stop and rest in the villages of Skálí and Strendur. You then continue around Raktangi and head north. Admire the fantastic views of the fjords Tangafjørður and Kollafjørður. This route takes you past the idyllic villages of Kolbanargjógv, Morskranes and Selatrað. You have a view of the village of Hósvík. Across the water. On the return journey you can enjoy the views of Nólsoy, Flesiarnar and Eystnes, before you once again cycle around Raktangi and away from Skálafjørður.

Start: Petrol station in Skálafjørður
Distance: 45 km
Cycling time: 4 hours
Route: Return via same route as outbound journey
Views: Skálafjørður, Tangafjørður, Streymoy, Nólsoy
3 Klaksvík–Haraldssund/Kunoy

Turn left as you leave the ferry terminal and head down Nólsoyar Páls Gata as you cycle out of town towards the tunnel to Árnar–fjarður. Turn left at the signpost, and head for the village of Ánir and carry on towards Strond. On the other side of the dam are the village of Haraldssund and the tunnel to Kunoy. We recommend that you catch the bus through the tunnel to Kunoy, from where you can enjoy magnificent views of Kalsøy. Savour the tranquillity as you rest for a while in the idyllic plantation.

Tall and steep mountains are characteristic for the northern islands in the Faroes. The islands of Borðoy, Viðoy and Kunoy are connected by dams and the villages by small, dark tunnels. Under no circumstances should you attempt to cycle through the tunnels! Each route is about 20 km long. The area around the town of Klaksvík offers great opportunities for both easy and more challenging cycling trips. We recommend the route along Niðan á Hals, which takes you up to the mountain above the town. From here there are stunning views of the town, bays and fjords and the neighbouring islands.

<table>
<thead>
<tr>
<th>Start:</th>
<th>Ferry terminal in Klaksvík</th>
</tr>
</thead>
<tbody>
<tr>
<td>Distance:</td>
<td>20 km</td>
</tr>
<tr>
<td>Cycling time:</td>
<td>1.5 hours/2 hours</td>
</tr>
<tr>
<td>Route:</td>
<td>Return via same route as outbound journey</td>
</tr>
<tr>
<td>Views:</td>
<td>Borðoy, Kunoy, Haraldssund, Kalsøy</td>
</tr>
</tbody>
</table>

4 Norðdepil–Viðareiði

Catch the bus from the ferry terminal at Klaksvík to Norðdepil. Under no circumstances should you attempt to cycle through the two tunnels! From Norðdepil, cycle across the dam from Borðoy to Viðoy, then carry on through the village of Hvínnasund towards Viðareiði. The tall mountains and steep cliffs are a magnificent sight. As you approach Viðareiði you can see the deserted village of Múli on the opposite side of the fjord. Another impressive sight is the village of Viðareiði, set at the foot of the 844-metre high mountain of Villingadalsfjall. Behind is Europe’s highest cliff, the 750-metre high Enniberg. The views from the village are stunning, with the islands of Borðoy, Kunoy and Kalsøy in the west and Fugloy and Svinoy in the east. Take the time to visit the local church and go for a stroll around the village.

<table>
<thead>
<tr>
<th>Start:</th>
<th>Bus stop in Norðdepil</th>
</tr>
</thead>
<tbody>
<tr>
<td>Distance:</td>
<td>20 km</td>
</tr>
<tr>
<td>Cycling time:</td>
<td>2-3 hours</td>
</tr>
<tr>
<td>Route:</td>
<td>Return via same route as outbound journey</td>
</tr>
<tr>
<td>Views:</td>
<td>Múli, Borðoy, Kunoy, Kalsøy, Fugloy, Svinoy</td>
</tr>
</tbody>
</table>
5 **Skálafjörður–Toftir–Agnið**

This is an ideal route for cyclists looking for an easy ride. Follow the eastern shore of the long, beautiful fjord of Skálafjörður. When you reach the roundabout in Runavík you turn right and travel around the headland of Saltnes, from where you’ll have views of the village of Strengur across the water. Continue south through the village of Toftir and turn onto the narrow lane Agnið, which winds its way across the countryside with lots of hairpin bends. If you look towards the southwest you can see the outskirts of Tórshavn and Argir with their new residential areas, while to the south the unique island of Nólsøy rises out of the sea. To the east is the ocean, as far as the eye can see. On the way back to Runavík the road takes you past Toftavatn, a beautiful mountain lake with a rich bird life. This is an ideal spot for a peaceful rest.

---

6 **Tórshavn–Saksun**

Set out from the central bus terminal in Tórshavn along the roads Yviri við Strond, Eystari Ringvegur and turn right into Hvítanesvegur which takes you out of town. Once you reach the small village of Hvítanes you’ll have views of Tangafjörður and the longest fjord in the Faroes, Skálafjörður. The route continues along the road Kaldbsaksvegur, and from the power station in Sund you can enjoy the views of the fjord Kaldbaksfjörður. Continue through the tunnel, and on the other side you will see the fjord Kollafjörður and the valley of Kollafjarðardalur. At the roundabout, turn right/east and cycle along the shores of the fjord. The road climbs only slightly, which means you can relax and enjoy the amazing views from Sundalagið. Turn left/west at Hvalevík and follow the old road into the valley of Saksunardalur until you reach the village of Saksun. This is a lovely village set in magnificent countryside with numerous historical sights.

---

**Start:** Petrol station in Skálafjörður  
**Distance:** 40 km  
**Cycling time:** 4 hours  
**Route:** Return via same route as outbound journey  
**Views:** Skálafjörður, Runavík, Toftavatn, Nólsøy, Streymoy  

---

**Start:** Bus terminal in Tórshavn  
**Distance:** 95 km  
**Cycling time:** 10 hours  
**Route:** Return via same route as outbound journey  
**Views:** Tórshavn, Kaldbaksfjörður, Kollafjörður, Sundalagið, Selatrað, Saksunardalur, Saksun
**Tórshavn–Kirkjubøur/Syðradalur**

From Tórshavn central bus terminal you follow the roads Yviri vío Strond, Eystari Ringvegur, Marknagilsvegur and Landavegur, at which point you leave Tórshavn. The trip starts for real in Havnardalur, where you will meet people on horseback and discover the Faroese countryside. Cross the bridge and climb the hill and you find yourself at Velbaðhalsur, from where the views are breathtaking. You can see the islands of Hestur and Koltur rising out of the ocean with Sandoy in the background. Further to the west is the island of Vágar. Next stop on the route is the village of Velbastaður, and afterwards you continue south to Kirkjubøur where you can wander round the 900-year old farm and 700-year old church ruins. If you want to continue a bit further, you can head north up the steep hill to the village of Syðradalur.

**Start:** Bus terminal in Tórshavn  
**Distance:** 28 km/36 km  
**Cycling time:** 2.5 hours/4 hours  
**Route:** Return via same route as outbound journey  
**Views:** Tórshavn, Velbastaður, Hestur, Koltur

---

**Skálafjørður–Leirvík/Fuglafjørður**

On this trip you follow the eastern shore of the fjord Skálafjørður. The road is flat but very trafficated, so take care as the cars drive at high speed. From the village of Skipanes you follow the road to the roundabout, where you turn left in the direction of Gøta and Leirvík. Stop at the mountain pass of Gøtueiði to admire the views of the villages of Syðrugøta, Gøtugjógv and Nordragøta as well as Gøtuvík further out. This historical site was the home of the famous Viking chief Tróndur i Gøta a thousand years ago. The road now descends and you can relax and admire the wonderful views. You then pass through Nordragøta and further up the valley you turn right and cycle through the tunnel towards Leirvík, where it is worth exploring the archaeological artefacts unearthed made by Foroya Fornminnisavn. When you leave Leirvík, instead of going back through the tunnel you can turn right/north and follow the old road towards Fuglafjørður, a village known for its many cultural events.

**Start:** Petrol station in Skálafjørður  
**Distance:** 30 km/42 km  
**Cycling time:** 4 hours  
**Route:** Return via same route as outbound journey  
**Views:** Skálafjørður, Gøtueiði, Gøtuvík, Leirvík, Nordoyggjar
Bøur–Tórshavn

As you leave Bøur you have views of the small islands of Tindhólmur and Gáshólmur as well as the island of Mykines. Continue along the shores of the fjord towards the village of Sørvágur. On the way to Miðvágur the route runs along the banks of the Faroe Islands' largest lake, Leitisvatn/Sørvágsvatn, and also passes through the small village of Vatnsoyrar. It’s a fairly short distance from Miðvágur to Vágar’s third-largest village, Sandavágur, which in the old days used to be the residence of the Faroe Islands’ Prime Minister. From Sandavágur the road climbs for a while and then descends towards the underwater tunnel that leads to the village of Leynar. Follow the old road north of the tunnel and cycle along the lake Leynavatn. Further down, in the valley of Kollafjarðardalur, turn right at the roundabout, then carry on through the tunnel until you reach Kaldbakskotnur. From then on, follow the road along the shore of the fjord Kaldbaksfjørður. This route eventually joins the road Hvitanesvegur, which leads to Tórshavn.

Start: Bøur
Distance: 53 km
Cycling time: 5 hours
Route: One way
Views: Bøur, Vatnsoyrar, Leitisvatn/Sørvágsvatn, Miðvágur, Sandavágur, Leynar, Kollafjarður, Kaldbaksfjørður

Tórshavn–Sandur

From the central bus terminal in Tórshavn you follow the roads Yviri við Strond, Eystari Ringvegur, Marknagilsvegur and Landavegur and you then turn right towards Havnardalur, cross the bridge and head for Velbastaðhálsur. The views are magnificent; you can see the islands of Hestur and Koltur rising out of the sea with Sandoy as backdrop. Carry on down to Velbastaður and the ferry terminal at Gamlarætt. Take the ferry to Skopun. The hill from the village is challenging, so take it easy in the beginning. The countryside above the village is dotted with lovely mountain tarns. Once you reach the top it’s downhill all the way through the valley of Trøddardalur, along the Sandsvatn lake, to the village of Sandur. The hill on the other side of the village is long, and you now have two options: either ride along a fairly flat route to the villages of Skarvanes and Skálavík, or take the route towards Húsvík and Dalur. All the villages have an interesting heritage and are well worth a visit.

Start: Skopun
Distance: 44 km (to Dalur)
Cycling time: 4 hours
Route: Return via same route as outbound journey
Views: Skopunarfjørður, Skúvoy, Sandsvatn, Sandur, Húsvík, Dalur, Skopun, Skálavík, Skarvanes
11 Drelnes–Fámjin

Take the Smyril ferry from Tórshavn to Suðuroy. The Faroes’ most southerly islands are true gems of outstanding natural beauty, and during the crossing you will understand why. The ferry sails past the islands of Stóra Dímun and Litla Dímun, natural sculptures that rise out of the sea. From the ferry terminal at Drelnes follow the wide country road along the southern shore of the fjord Trongisvágsfjørður. On the opposite shore you can see Tvøroyri, at the end of the fjord is Trongisvágur, while at the mouth of the fjord is the ancient village of Froðba. Continue around Gálgin until you reach the farming community of Óravík, which in the old days was the meeting place for the local ‘thing’ or parliament. In Óravík turn right and head west up the hill as you climb slowly towards the mountain pass of Skarðið, which marks the boundary between Óravík and the village of Fámjin. The route down to Fámjin takes you through crevices and past mountain tarns and rivers. And then, finally, you catch sight of Fámjin, arguably the loveliest village in the Faroes.

Start: Ferry terminal at Drelnes  
Distance: 25 km  
Cycling time: 3 hours  
Route: Return via same route as outbound journey  
Views: Trongisvágsfjørður, Óravík, Fámjin

12 Tórshavn–Oygjarvegur–Kollafjørður–Tórshavn

From Tórshavn central bus terminal you follow the roads Yviri við Strond and Eystari Ringvegur, then turn right into Oygjarvegur a bit further up. This route has steep ascents and descents, but hardly any cars, so you can go at full speed down the hills while you admire the views of the sound and fjord. At the mountain pass of Norðradalsskarð you have two choices. Either turn left and cycle down to the village of Norðradalur. For this option you must be fit, as the return route climbs up some of the steepest hills in the country. Alternatively, you can cycle up to the mountain of Sornfelli, from where you have a view of most of the islands in the Faroes. Return to Oygjarvegur and continue to the mountain of Skælingsfjall, which is 763 metres above sea level. You then carry on down to Kollafjørðardalur. On the return trip to Tórshavn you pass through the tunnel at Signaböur, and you then follow the roads Kaldbaksvegur and Hvítanesvegur into town.

Start: Bus terminal in Tórshavn  
Distance: 40 km  
Cycling time: 5 hours  
Route: Round trip  
Views: Tórshavn, Nólsoy, Mjørkadalur, Kollafjørður, Kaldbaksfjørður, Eysturoy
**13 Tórshavn–Vestmanna**

From Tórshavn central bus terminal you follow the roads Yviri vid Strond, Eystari Ringvegur and then turn right at Hvítanesvegur where you leave town. The route continues onto the road Kaldbaksvegur, and at the power station in Sund you can stop and enjoy the views of the fjord Kaldbaksfjørður. At the end of the fjord, above Kaldbakstotnur, the mountain of Sørnfelli rises up like a giant shield. The route continues through the tunnel and on the other side you can see the fjord Kollafjørður and the valley of Kollafjarðardalur. At the roundabout, turn left/west and follow the road up through the valley. Then turn into the old road that runs alongside the Leynatunnin tunnel and the lake Leynavatn.

From the small village of Leynar the route climbs steeply up towards Hogareyn. Along the route you pass the villages of Stykkid and Kvívík which are famous for their Viking graves. Once you reach the top of Hogareyn you can enjoy the ride down the hill to Vestmanna.

<table>
<thead>
<tr>
<th>Start:</th>
<th>Bus terminal in Tórshavn</th>
</tr>
</thead>
<tbody>
<tr>
<td>Distance:</td>
<td>80 km</td>
</tr>
<tr>
<td>Cycling time:</td>
<td>10 hours</td>
</tr>
<tr>
<td>Route:</td>
<td>Return via same route as outbound journey</td>
</tr>
<tr>
<td>Views:</td>
<td>Tórshavn, Kaldbaksfjørður, Kvívík, Hogareyn, Vestmannasund</td>
</tr>
</tbody>
</table>

---

**14 Oyrarbakki–Gjógv**

From Oyrarbakki you head north through the village of Norðskáli towards Eiði. The road is fairly flat but further ahead you will cycle along the highest road in the Faroe Islands. When you are halfway up you will be able to see the Risin and Kellingin cliffs rising out of the ocean. As you climb higher you eventually reach the mountain pass of Eiðisskarð. Here you will cycle along the foot of the Faroe Islands’ highest mountain, Slaettaratindur (882 m), before you continue on to the village of Gjógv. The road from the mountain pass of Gjáarskarð to Gjógv offers some impressive views. It is all downhill and you can really speed along the last stretch. However, such an easy ride doesn’t come free, and the return route, from Gjógv back up to Gjáarskarð, is a steep climb. But once you complete the tour, at least you can boast that you are one of the few people who have crossed the Eiðisskarð mountain twice in just one day.

<table>
<thead>
<tr>
<th>Start:</th>
<th>Petrol station in Oyrarbakki</th>
</tr>
</thead>
<tbody>
<tr>
<td>Distance:</td>
<td>55 km</td>
</tr>
<tr>
<td>Cycling time:</td>
<td>8 hours</td>
</tr>
<tr>
<td>Route:</td>
<td>Return via same route as outbound journey</td>
</tr>
<tr>
<td>Views:</td>
<td>Sundalagið, Eiði, Risin og Kellingin, Slaettaratindur, Norðoyggjar, Gjógv</td>
</tr>
</tbody>
</table>
Take the Smyril ferry from Tórshavn to Suðuroy. From the ferry terminal at Drelnes follow the wide country road along the southern shore of the fjord Trongisvágsfjørður. Continue around Gálgin until you reach the village of Öravík and then head out alongside the fjord to Tjaldavík, which was the old campsite for the parliament meetings in Öravík. The road now climbs up to Horsegg, and if you look north you will see the islands of Líta Dimun and Stóra Dimun rising out of the sea. At Horsegg you clearly see the layers of volcanic basalt that characterise the landscape of Suðuroy. In the valley below you lies the village of Hov. From Hov there is a steady climb, but when you reach the village of Porkeri it’s downhill all the way to Vágur. You then cycle around the fjord to Lopra. The road from Lopra up to Hestur is challenging, but once you reach the top you can get off your bike and walk to the edge of the cliff to admire the views of the entire western shore of Suðuroy. The journey then continues to the village of Sumba. On the return trip you can use the tunnel to Lopra and then continue the same way you came.

**Start:** Ferry terminal at Drelnes

**Distance:** 80 km

**Cycling time:** 8 hours

**Route:** Return via same route as outbound journey

**Views:** Trongisvágsfjørður, Öravík, Tjaldavík, Hov, Vágsfjørður, Hestur, Sumba